

Insurance Plans to Avoid	Insurance Plans We Recommend You Consider
<b>AETNA</b> <ul style="list-style-type: none"> <li>- CIN Basic</li> <li>- CIN HDHP</li> <li>- Integrated Core</li> <li>- Integrated Basic</li> <li>- Integrated HDHP Plans</li> </ul>	<b>Aetna</b> <ul style="list-style-type: none"> <li>- Aetna Premier Care Network</li> <li>- Aetna Select</li> <li>- Choice POS II</li> <li>- Managed Choice on the Altius Network</li> <li>- Open Access Elect Choice EPO</li> <li>- Open Access Managed Choice POS</li> <li>- Open Choice PPO</li> </ul>
<b>BLUE CROSS BLUE SHIELD</b> <ul style="list-style-type: none"> <li>- Beatrice BlueChoice</li> <li>- Bryan Health BlueChoice</li> <li>- Wellmark BlueRewards POS – Three Tier</li> </ul>	<b>BLUE CROSS BLUE SHIELD</b> <ul style="list-style-type: none"> <li>- BlueCard PPO</li> <li>- BlueSenior Classic Medicare Supplements</li> <li>- Network Blue which includes <ul style="list-style-type: none"> <li>- BlueEssentials Plus</li> <li>- BlueFreedom</li> <li>- BluePride Plus</li> </ul> </li> <li>- Fremont Health BlueChoice</li> <li>- Methodist BlueChoice</li> <li>- Nebraska Medicine BlueChoice</li> <li>- Premier Select BlueChoice</li> <li>- Select BlueChoice</li> </ul>
<b>CIGNA</b> <ul style="list-style-type: none"> <li>- Cigna-Healthspring Medicare</li> <li>- HMO Plans</li> </ul>	<b>CIGNA</b> <ul style="list-style-type: none"> <li>- ChoiceFund OA Plus with Carelink</li> <li>- ChoiceFund PPO</li> <li>- Open Access Plus</li> <li>- OA Plus</li> <li>- PPO</li> </ul>
<b>COVENTRY</b> <ul style="list-style-type: none"> <li>- Carelink Powered by Accountable Care Alliance</li> <li>- Carelink Powered by Alegent Creighton Health (HMO)</li> <li>- Carelink Powered by Methodist Health Partners (HMO)</li> <li>- Carelink Powered by St. Elizabeth Regional Medical Center</li> <li>- Extraordinary Care <u>Plus</u> Plan (NE Medical Center Employees)</li> <li>- Total Care HMO with Alegent Creighton Health – Medicare</li> </ul>	<b>COVENTRY</b> <ul style="list-style-type: none"> <li>- Advantra Platinum PPO</li> <li>- Advantra Silver HMO</li> <li>- Carelink Powered by MIPPA</li> <li>- CoventryOne POS</li> <li>- CoventryOne PPO</li> <li>- National Network</li> <li>- HMO/Primary Care</li> <li>- Open Access/POS</li> <li>- PPO</li> </ul>
<b>DAKOTACARE</b>	
<b>ELITE CHOICE OR SUPERIOR SELECT</b>	
<b>HEALTH ALLIANCE MEDICARE (PPO/HMO)</b>	

<b>HEARTLAND PLAINS HEALTH Classic Plus RX HMO</b>	
<b>QUALCHOICE OF ARKANSAS Catholic Health Initiatives (CHI) Tiered</b>	

If you have any questions regarding your plan, please contact Jackie at 402-493-6500 ext 105.